

# "Speaking Life Over Your Family"



FAMILY MATTERS

## SERMON SUMMARY

In this sermon, we are reminded of the power of our words and the impact they have on our families. The message emphasizes that our words can either cultivate or corrupt, build up or tear down, bless or curse, and heal or hurt. Drawing from Ephesians 4 and Proverbs 15, the sermon highlights the importance of speaking life over our family members, using our tongues to edify and minister grace rather than to cause harm. The speaker encourages us to be mindful of the words we speak, as they fill the pages of our life's book and shape the environment of our homes.

## Key Verses

**Proverbs 15:4 (NIV):** "The soothing tongue is a tree of life, but a perverse tongue crushes the spirit."

**Ephesians 4:29 (NIV):** "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen."

## Questions

1. How have you experienced the power of words in your own life, either positively or negatively?
2. In what ways can we ensure that our words cultivate rather than corrupt our family relationships?
3. What are some practical steps we can take to prevent gossip and negative speech in our homes?
4. How can we use our words to build up our spouses, children, or other family members this week?
5. Can you share a time when someone's words had a profound impact on your life?
6. How does the concept of being sealed by the Holy Spirit influence the way we should speak to one another?
7. What role does forgiveness play in our ability to speak life over our family?
8. How can we balance truth and love when we need to have serious conversations with family members?

## LIFE APPLICATION

This week, let us each commit to speaking words of encouragement and affirmation to at least one family member every day. Let's be intentional about noticing and verbalizing the positive qualities and actions we see in them.