

SERMON TOPIC:

Shame is a thief

The devil is a liar

SERMON SUMMARY

This week's sermon focuses on the topic of shame and its impact on our lives. Pastor Clark discusses how shame differs from healthy conviction, explaining that shame internalizes actions and makes them part of our identity. He uses Genesis 3 to illustrate how shame entered the world through sin and caused Adam and Eve to hide from God. The message emphasizes that the only true solution for shame is taking it to the cross of Jesus Christ, where His blood can provide complete healing and freedom.

1. Shame internalizes actions and makes them part of our identity
2. The blood of Jesus is the only true solution for shame
We don't have to hide when our life is hidden with Christ
4. Finding our identity in Christ removes the power of shame
5. God can use our story of freedom from shame to help others

KEY VERSES

- **Genesis 2:25**
- **Genesis 3:7-10**
- **Romans 8:1**
- **Hebrews 12:2**
- **Luke 8:43-48**

QUESTIONS

- What is the difference between conviction and condemnation? How can we tell which one we're experiencing?
- How does shame affect our relationship with God and others?
 - In what ways do people typically try to hide or cope with their shame?
 - How does performance-based love contribute to shame in our lives?
 - What role does forgiveness play in breaking free from shame?
 - How can we help others who are struggling with shame without shaming them further?
- What does it mean to find our identity in Christ rather than in our shame?
- How can we use our past experiences with shame to help others find freedom in Christ?

LIFE APPLICATION

This week, identify one area where shame has been holding you back. Write down what God's Word says about your identity in Christ regarding this specific area. Each day, practice replacing shame-based thoughts with truth from Scripture. Share your journey with at least one trusted friend or family member.