# Strength in Weakness: How God Fortifies Us

### **SERMON SUMMARY**

In this sermon, we explore the ways in which God provides strength to His followers, particularly during times of weakness, suffering, and uncertainty. The message delves into the Apostle Paul's teachings in 2 Timothy 1:7-18, highlighting the contrast between human frailty and divine power. It emphasizes that God's strength is made perfect in our weakness and that He equips us with courage, love, and a sound mind to face life's challenges. Through salvation, the presence of Jesus, the indwelling of the Holy Spirit, and the support of fellow believers, we find the fortitude to endure and the assurance of eternal life beyond death.

### **KEY VERSES**

2 Timothy 1:7 (NLT) "For God has not given us a spirit
of fear and timidity, but of power,
love, and self-discipline."

#### 2 Timothy 1:9 (NLT) -

"For God saved us and called us to live a holy life. He did this, not because we deserved it, but because that was his plan from before the beginning of time—to show us his grace through Christ Jesus."

## **QUESTIONS**

- 1. How does the idea that God's strength is made perfect in our weakness resonate with you?
- 2. Can you share a time when you experienced God's power in a situation where you felt powerless?
- 3. What does it mean to have a spirit of power, love, and self-discipline?
- 4. How can we live out our holy calling in practical ways in our daily lives?
- 5. How does knowing that our salvation is not based on our works but on God's grace change the way we view ourselves and others?
- 6. In what ways can we be a source of refreshment and encouragement to those around us, like Onesiphorus was to Paul?
- 7. How can we rely on the Holy Spirit to help us guard the good deposit of faith within us?
- 8. What steps can we take to ensure we are not just consumers of spiritual resources but also contributors to the spiritual well-being of others?

#### - LIFE APPLICATION

God often strengthens us through the encouragement and support of fellow believers. By actively participating in the body of Christ, we both give and receive the refreshment needed to persevere in faith. This week, let's each find one person in our community who could use encouragement or support. Reach out to them with a kind gesture, a listening ear, or a word of hope. By doing so, we embody the love and strength that God provides and become conduits of His grace to others.